

English Coach 1

An English Coach 1 is capable of teaching a novice rider the basic knowledge and skills for English riding, both on the flat and over simple gymnastics lines (up to 2'3"). The Coach 1 focuses on teaching basic riding and horsemanship skills, and introduces the basic principles of competitive riding. The Coach 1 has basic teaching abilities and stresses safety, both on the ground and while mounted.

Prerequisites

Candidates for English Coach 1 must:

- Be at least 18 years of age as of January 1st of the current year
- Hold an Equine Canada Senior sport license and Provincial membership, and be in good standing
- Have successfully completed Rider 1 – 3 of the EC Learn to Ride English Program before attending an Evaluation

In addition, the candidate must:

- Have a working knowledge of the Equine Canada rules for the level they are teaching
- Be familiar with stable management prerequisites, which include feeding, conditioning, first aid for the horse, grooming, stable construction, safety and fire precautions in the stable. These areas will be covered in the oral and written tests.

Requirements

Once the above prerequisites have been met, the candidate must complete the following requirements:

- Complete the NCCP Level 1 Theory Course (14 hours) OR Introduction to Competition Part A Theory Course (13 hours)
- Complete a First Aid course, such as St. John Ambulance, Red Cross or an equivalent course approved by the Provincial Coaching Committee (minimum 8 hours)

- Complete the Equine Canada English Mentor Program (minimum 10 hours)
- Attend an Equine Canada Learn to Teach seminar (7 hours)
- Sign the Equine Canada Code of Ethics and Coaching Code of Conduct
- Criminal record search (including vulnerable sectors)

Certification

Once the above requirements have been met, the candidate should apply to the NEA with proof that they have met the requirements. In order to be certified as an Equine Canada English Coach 1, the candidate must:

- Attend and successfully complete an Equine Canada English Coach 1 Evaluation at least 6 weeks prior to their Examination (18 hours)
- Attend and successfully complete the Equine Canada English Coach 1 Examination within 2 years of their Evaluation (18 hours)

The candidate must be mentored for the Examination by a certified Coach.

Note: Candidates cannot attend an Examination unless they have completed all the other requirements of certification and submitted proof to their NEA.

In order to be successful in the Examination, a candidate must achieve a minimum score of 7 in each of the 4 sections:

- Riding on the Flat
- Jumping
- Practical & Theory
- Training & Coaching

Any candidate who receives a score of less than 7 in one or more sections may apply to retake those sections only. Retakes of unsuccessful sections of the examination must be done within 2 years. If no examination is available in that province for the 2-year period, then at the first available exam offered in the province.

Any Coach 1 candidate who achieves a passing score in all portions of the exam except the riding sections may be awarded the Instructor certificate.

The NEA will send examination results – in writing – to candidates within 2 weeks of the exam.

Certificates will be issued by the NEA to successful candidates.

Program Materials

English Coach 1 candidates are responsible for the materials in the following manuals:

- *Learn to Ride English 1 – 3*
- *English Coaching Manual, Level 1*
- *Stable Management in Canada*